



St. Gabriel Lalemant

A Member of the Saint Paul Family of Schools

JUNE 2024! ...WELCOME SUMMER!

Hello Summer!

Another school year has come and gone, leaving many of us with mixed emotions. For some, this was the first year your child attended school. While for others, this is the final year your child will be a Guardian, ending their time here at St. Gabriel and heading off to High School. Regardless of where your child is in their educational journey, the one thing that remains the same for all is, the love of the Lord is all we need. We thank our students for a wonderful year - our CSC council for their dedication and finally, our families- for your constant support throughout the year.



We wish you only love and light in the month of June. We pray the summer is filled with a slower pace to enjoy the sunshine and time with family. May you all remember how loved you are and how blessed we feel to work with your child(ren) each day.

Have a beautiful summer break!

BOOK FAIR JUNE 10th and 11th

St. Gabriel Lalemant School will be hosting a Scholastic book fair. Profits from book fairs will be used to buy new books for our school library.

It will be a great opportunity for students to buy new books that they can read during the summer months.



The book fair will be held on **Monday June 10th (preview day-no sales)** and **Tuesday June 11th 8:30 am to 3:00 pm** in the school gymnasium.

All students will be attending with their class on **Monday June 10th** and will be able to view and make a wish list on that day.

On the following day Tuesday June 11th, only students wishing to purchase will be sent to the book fair by their teacher.

We will be accepting **CASH, MAJOR CREDIT CARDS or DEBIT cards only.**

If you wish to attend with your child, please make arrangements with the office and your child's teacher. Thank you in advance, for supporting our school library.

PLAY DAY JUNE 20th

Our Play Day is set for June 20th! For those of you who will experience this fun tradition for the first time, we have provided a list of things to remember to send with your child for that day.



- RUNNING SHOES
- HAT
- SUNSCREEN
- WATER BOTTLE

Students will be provided a complimentary lunch on Play Day. Permission forms will be sent home and must be returned signed for your child to participate in all the activities for the day.

We are excited to welcome Play Day on June 20th! Get ready for a fun-filled day!

NEW SCHOOL BELL TIMES

Each year, Niagara Student Transportation Services (NSTS) reviews efficiencies in transportation services for eligible students. This collaboration is done in cooperation with both boards served by NSTS.

The review for the 2024-2025 school year is now complete. We are sharing this information to advise you of a change in bell times at St. Gabriel Lalemant Catholic Elementary School to allow you as much time as possible to plan for the change.

Beginning in September 2024 we will have an earlier start to the day, with the bell time changing from **8:30 a.m. to 8:25 a.m.**

Morning supervision will begin at 8:10 a.m.

The dismissal bell time will also be a bit later and change from 2:40 p.m. to 2:45 p.m.



Please note that these bell time changes will impact bus pickup and drop-off times. This will be communicated by NSTS during the regular process for the 2024-2025 school year and will be made available on the NSTS Portal in mid-August. NSTS will communicate more specific timelines closer to the end of this school year.

A Message From Niagara Regional Health Department

Niagara Region Public Health School Health Newsletter

June 2024

Check your Immunization Records and Travel Health Notice

If you are planning to travel, add these actions to your planning checklist to help make your trip a healthy one.

1. Make sure you and your children are up-to-date with vaccinations. Staying up-to-date with vaccinations is important all year round. It is especially important before travelling.
 - When travelling, you may be at risk for vaccine preventable illnesses. [Check your immunization records](#) or talk to your health care provider.
 - Learn more about [where to get vaccinated](#). Remember to report vaccinations to Public Health for children 0 – 17 years of age. Report [online](#) or call 905-688-8248 or 1-888-505-6074 ext. 7425
1. **Review the Public Health Agency of Canada's [travel health notices](#).** These notices outline potential health risks to Canadian travelers and ways to help reduce them. Stay informed as you plan your travel.

Ticks

Ticks, mosquitos and rabid animals can be a risk as the weather warms up.

- Mosquitoes transmit the [West Nile virus](#) to humans after becoming infected by feeding on the blood of birds, which carry the virus. To learn how to protect your family, visit [Reduce the Risk of West Nile Virus - Niagara Region](#).
- The black- legged (deer) tick transmits [Lyme disease](#) to humans after becoming infected by feeding on the blood of small animals which carry the disease. To learn how to protect you and your pets, visit [Protect and Prevent Ticks - Niagara Region](#).
- [Rabies](#) is transmitted through saliva from bites and scratches, entering an open cut or wound, or from saliva contacting a mucous membrane, such as those in the mouth, nasal cavity or eyes.

For more information and [tick identification](#), individuals can contact a Duty Officer directly at 905-688-8248 ext. 7590. General tick information can be found on our [Niagara Region Public Health website](#).

Head safety – for bikes and other wheels

With warmer weather and summer break just around the corner, more kids will be outdoors taking part in activities, such as biking, skate boarding or roller blading. A [properly fitted and correct helmet](#) can cut the risk of a serious head injury by up to 85%. This means four out of five brain injuries could be prevented if every cyclist wore a helmet.

- Bike [helmets](#) should be replaced after five years **or** a crash where the cyclist has hit their head
- It's not safe to use a [second-hand helmet](#)
- Baseball hats, big hair clips and headphones should never be worn under a helmet

The human skull is just approximately one centimeter thick, so it is important to remind children to always protect their head when being active. To make sure a helmet fits right, follow the 2V1 Rule (image courtesy of [Parachute Canada](#))

Food Literacy

Want to get your kids excited about food? Food literacy is more than just what's on your plate. It's about loving everything to do with food! Picture your child confidently picking out fresh veggies, cooking healthy meals, and knowing how to keep food safe and budget-friendly.

Food isn't just about eating—it's about enjoying different kinds of food, tasting delicious flavors, and making special memories with family.

Here are some fun things you can do with your kids this summer to help them learn more about food:

- **Kitchen Adventures:** Cook together, try new recipes, and let your kids help with chopping, stirring, and tasting.
- **Grocery Store Scavenger Hunt:** Turn a trip to the grocery store into a game where you look for foods from different groups or colors.
- **Grow Your Own Garden:** Start a small garden and teach your kids about planting, taking care of plants, and harvesting their own veggies.
- **Food Tasting Party:** Have a party where your kids can try new fruits, veggies, cheeses, and talk about how they taste and feel.
- **Cultural Food Tours:** Explore foods from around the world through virtual or real tours, learning about new flavors and cooking styles.
- **Visit a [Local Market](#):** Take a trip to a farmers' market, where your kids can meet the vendors and learn about where food comes from.

These activities not only teach kids about food but also make them love cooking, eating, and discovering new foods!

Educational Resources

Welcome to Kindergarten – Public Health Resources

When children are starting kindergarten it is important that that parents are aware of the following information regarding:

- Childhood [immunizations](#) and vaccines required for school
- [Oral health](#)
- [Vision health and eye exams](#)
- Hand hygiene
- Sleep
- Nutrition

This video is available with additional information for parents. [Welcome to Kindergarten video!](#) Public Health Nurses are available to attend 'Welcome to Kindergarten' events, schools call 905-688-8248 ext. 7379 or email healthyschools@niagararegion.ca to schedule a nurse at an upcoming event.

OPHEA – Outdoor Education Toolkit

With the beautiful weather quickly approaching [Outdoor Education Toolkit](#) was developed to enrich and promote a culture of safety-mindedness, increase teacher awareness, confidence, and

preparedness to teach outdoor education safety and risk management, and increase student awareness, confidence, and preparedness about outdoor education safety and risk management.

Blue the Butterfly Pedestrian Safety

Thinking about a walk to school event with the warmer weather? Consider using the Blue the Butterfly Pedestrian Safety video to support your event. [CLICK HERE](#)

Blue's tips include:

- Walking to school reduces cars on the street which is good for safety and the environment, and walking in groups can be fun.
- Before you start walking, check the weather and dress properly.
- Walk where motorists expect to see you, like on a sidewalk or pathway.
- Stay alert, pay attention and listen for traffic.
- Use your pointer finger to express your intention to cross a street to motorists and obey the traffic signals.
- Show everyone respect while walking, including to fellow pedestrians and property.

Remember, most students who travel to school on the bus are pedestrians on their journey to the bus stop and can benefit from watching this video too! Visit [Pedestrian Safety Program for Primary Grades \(nsts.ca\)](#).

Grade 7's - Time to order Grad Hoodies!

2024-2025 Graduates, now is the time to order your hoodies if you would like them for September. Please see the flyer below for ordering information.

Visit www.bigbearspiritwear.com to order your hoodie and all spirit wear for St. Gabriel Lalemant



Email: st.gabriel.lalemant@ncdsb.com

Website: <https://schools.niagaracatholic.ca/stgabriellalemant/>

Location: [6121 Vine Street, Niagara Falls, ON, Canada](#)

Phone: [905354-5422](tel:905354-5422)

Twitter: [@StGabrielNF](https://twitter.com/StGabrielNF)

CATCH THE SPIRIT AWARD WINNER

The Niagara Catholic "Catch the Spirit Student Award of Excellence" has been established to honour representatives of this leadership within our student population as we continue to work together to "nurture souls and build minds" throughout Niagara Catholic.

On May 8th, 2024 Valerie attended the ceremony to collect her award. Congratulations to Valerie on being the recipient of the St. Gabriel Lalemant Catch the Spirit Award!





GUARDIANS PARENT NIGHT OUT- BINGO FUNDRAISER

A huge thank you to Catholic School Council for taking time out of your busy schedules to help raise funds for the schools outdoor equipment. St. Gabriel Lalemant students greatly appreciate these items and will put them to good use.



KINDERGARTEN ART GALLERY

Some selected students artwork was displayed in the Niagara Catholic District School Board Celebrating Kindergarten Through The Arts.



Artwork Displayed



Excited to be at the Art Gallery



Fun At The Colour Wars Dance!

Thank you to all of St. Gabriel Lalemant for bringing your dance moves and colours to the Colour War Gr. 8 Graduation Fundraiser. We all had a blast!







June Calendar 2024.pdf

[Download](#)

755.8 KB



Tracy Lanteigne

Tracy is using Smore to create beautiful newsletters